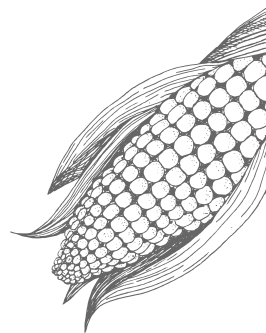


FORAGE

EST 2020

FARM SHOP & KITCHEN

Eat Well • Eat Welsh



GLUTEN FREE MENU

SMALL PLATES

Estate Poached Eggs, Grilled Asparagus, Crispy Parma Ham

£7

Estate Fillet Beef Carpaccio, Celeriac Remoulade, Parmesan, Truffle Vinaigrette

£8

LARGER PLATES

Herb Gnocchi, Spinach, Asparagus, Pea, Lemon Beurre Blanc 

£10.5

Pan Fried Cod, Chips, Tartar Sauce, Fresh Lemon, Mint Pea Puree

£12

SANDWICHES OR WRAPS

Beef Reuben, Sauerkraut, Swiss Cheese

£8

Smoked Salmon, Fennel & Pink Peppercorn, Citrus Crème Fraiche

£7.5

Grilled Halloumi, Beetroot, Avocado, Chili Hummus 

£7



Please inform a member of staff for any dietary requirements you have.

N.B.: While we do our utmost to accommodate dietary requirements, we do use gluten, nuts and animal products in our kitchen and cannot 100% guarantee no cross-contamination.